



FREESTYLE PRACTICE SCHEDULE

HIGH SCHOOL

9TH - 12TH GRADE

March 10th - June 30th
Mondays, Tuesdays, & Thursdays
6:30 - 7:45 PM

JH / ELEMENTARY

2ND - 8TH GRADE

March 10th - May 29th
Mondays, Tuesdays, & Thursdays
5:15 - 6:30 PM

NOVICE

AGES 4+

\$75.00 PER MONTH

April 7th - May 26th
Mondays
5:30 - 6:15 PM



USA WRESTLING CARD REQUIRED